



Cyndi Coon Laboratory5.com and Lovelylula.com  
Workshops offered 2011



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## **Paper Workshops**

### **Paper + Collection of Cards Artist Fee \$150**

materials cost: \$5 per person

time: 3 hours

description: This workshop invites participants to dig their hands into stacks of paper and collage materials to create up to 15 different card designs in one sitting. Bright colored paper, colored masking tape and found vintage supplies are just a few of the cool materials participants will have access to. Envelopes will be provided for the finished products!

### **Recycled Paper Mobiles Artist Fee \$150**

time: 3 hours

materials cost: \$5 per person

description: Save that junk mail, those old phone books and discarded newspapers. In this workshop participants will work with paper that would normally be headed for the recycle bin to create a hanging mobile worthy of their personal funky style.

### **Paper Wreaths Artist Fee \$150**

time: 3 hours

materials cost: \$10 per person

description: Wreaths should be hanging in our homes year round. Gather round to learn all about creating super fabulous wreaths using mostly paper, combined with a little glue, ribbon and some other goodies.

### **Paper Inchies Artist Fee \$150**

time: 2 or 3 hours

materials cost: \$5 per person

description: In this workshop participants will create 1 inch square works of art. The backgrounds are created from paper, then drawn or inked on and then embellishments are added on top. The idea is to make enough to trade with each other in class.

### **Paper Artist Trading Cards Artist Fee \$150**

time: 3 hours

materials cost: \$5 per person

description: In this workshop participants will create 2 1/2 in x 3 in works of art. The backgrounds are created from paper, then drawn or collage on and stamped "ATC" on back. The idea is to make enough to trade with each other in class. Each participant will leave with a plastic sleeve for their ATC storage.



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### Paper Cuff Bracelets Artist Fee \$150

time: 3 hours

materials cost: \$8 per person

description: In this workshop learn to layer paper of all kinds into a wrist cuff bracelet. Participants will laminate and then add a snap or magnet clasp. We'll use paper to also add a charm on top! Participants can make several bracelets during this workshop.

### Paper Quilled Headband Artist Fee \$150

time: 3 hours

materials cost: \$8 per person

description: Remember quilling? Well it is a super fun time and easy as making a cheese sandwich! New tools on the market allow the beginner of beginners to quill, quill, quill. After the paper flowers are made we'll attach them to a head band and barrettes.

### Paper Necklace Artist Fee \$150

time: 3 hours

materials cost: \$8 per person

description: Love jewelry but not really into all the wire and beading? This workshop is for you! Create cool forms out of cut paper, attach them all together and load them onto colorful twine. End the workshop with an amazing necklace for yourself or a gift - maybe both if your speedy!!

### Paper Hat Pin Artist Fee \$150

time: 2 hours

materials cost: \$8 per person

description: How much fun is it to give flowers to someone as a thank you? A lot - that's right so how about making a flower that lasts a really long time and is functional? In this workshop participants will use cut paper to create a layered flower top and pierce it all through an old fashioned hat pin.



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## **Book and Journal Workshops**

### **Visual Art Journaling Artist Fee \$150**

time: 3 hours

materials cost: \$5 per person

description: This workshop will celebrate the everyday by designing and creating a visual art journal. Participants will receive writing and materials prompts to work with for each page.

### **Create a Garden Journal Artist Fee \$150**

time: 3 hours

materials cost: \$5 per person

description: In this workshop participants will design and create a garden journal. Participants will receive writing and materials prompts to work with for their pages. This workshop is designed for creating a journal using recycled papers and garden elements for construction.

### **Vintage Book Journal Artist Fee \$150**

time: 3 hours

materials cost: \$8 per person

description: In this workshop participants will create a journal out of a vintage or found book. Participants will receive writing and materials prompts to work with for their pages. This workshop is designed for creating a journal using recycled paper, books and found elements.

### **Paper Bag/Envelope Journal Artist Fee \$150**

time: 3 hours

materials cost: \$5 per person

description: Wanna show that you can make a journal out of anything? Join the fun in making a journal out of paper bags and envelopes. Participants will receive writing and materials prompts to work with for their pages. This workshop is designed for creating a journal using recycled paper bags and envelopes.

### **Write and Illustrate Your Creative Story - For Tweens and Tweens at Heart!**

Artist Fee \$150, materials cost: \$5 per person

time: 3 hours

description: The workshop will kick off with a brainstorming session on character development. Each participant will dream up a cast of characters. We will write about what the characters look like, what they like to do and about the adventure they will take; short stories will be written about this adventure. Then the illustrating of the characters and pages begins. Wrapping with the binding and cover design.



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## **Felt Workshops**

### **Hanging Felt Ornaments Artist Fee \$150**

time: 3 hours

materials cost: \$8 per person

description: Participants will hand sew felt ornaments or hanging pieces. This workshop uses felt, ribbons and stitches to create one of a kind pieces of miniature art.

### **Felt Jewelry Artist Fee \$150**

time: 3 hours

materials cost: \$10 per person

description: This workshop uses felt, ribbons and findings to create one of a kind pieces of miniature wearable art. Participants will create a felt ring, a felt pin and a felt hair accessory.

### **Felt and Wooden Box Artist Fee \$150**

time: 3 hours

materials cost: \$15 per person

description: This workshop uses circular wooden boxes, paint, felt, ribbons, eyelets and other crafty goodies to create one of a kind pieces of functional art. Participants will create a painted wooden box and cover it with a personally created felt character.

### **Felt Flower Bouquet Artist Fee \$150**

time: 3 hours

materials cost: \$8 per person

description: This workshop uses felt, ribbons and buttons to create a bouquet of flowers. Participants will create several one of a kind flowers attached to sturdy stems. Great for spicing up any home decor.



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## **T-Shirt Up-Cycle Workshops**

### **T-Shirt Yarn and T-Shirt Yarn Hairwear Artist Fee \$150**

time: 3 hours

materials cost: \$10 per person

description: Participants will learn how to cut apart a plain jane t-shirt and turn it into yarn. Then the yarn will be transformed into hair accessory like barrettes, headbands and bobby pins.

### **T-Shirt Yarn and T-Shirt Yarn Jewelry Artist Fee \$150**

time: 3 hours

materials cost: \$10 per person

description: Participants will learn how to cut apart a plain jane t-shirt and turn it into yarn. Then the yarn will be transformed into wearable art like rings, necklaces, pins and bracelets.

### **T-Shirt Yarn Wreath Artist Fee \$150**

time: 3 hours

materials cost: \$10 per person

description: Participants will learn how to cut apart a plain jane t-shirt and turn it into yarn. Then the yarn will be transformed into a wreath worthy of display in your home.

### **Up-Cycled Tee-Shirt into an Apron Artist Fee \$150**

time: 3 hours

materials cost: \$5 per person

description: Have a tee at home that you are ready to toss? Hold onto it for this workshop. This workshop uses old t-shirts, ribbons and buttons to create an up-cycled apron. Participants will create a one of a kind tee-shirt apron that can be sewn if you have a machine to bring along or can be ironed together.

### **Up-Cycled Felt Tee-Shirt Artist Fee \$150**

time: 3 hours

materials cost: \$5 per person

description: Have a tee at home that you like the fit of but maybe it's just kind of boring? This workshop uses felt, ribbons and buttons to create an up-cycled tee-shirt. Participants will create a one of a kind tee-shirt using felt to cut shapes and words that will then be sewn on. Learn how to do appliques out of felt.



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## **Sewing Workshops**

**Sewn Vinyl Pouch Artist Fee \$150**

time: 3 hours

materials cost: \$5 per person

description: Dust off your sewing machine and join the fun in creating a handcrafted “Carry Anything” mini pouch out of vinyl—and embellish to your hearts desire. You will receive a refresher lesson on how to sew and all of the materials needed to make this cute little number.

## **Screen Printing Workshops**

**Screen Printed T-Shirt and Poster Artist Fee \$150**

time: 3 hours

materials cost: \$5 per person

description: Participants will create a Rock-n-Roll music style poster and/or tee shirt. You will receive the basic screen printing information for stencil printing and the YUDU screen-printer. Just bring yourself – and a tee-shirt in your size the rest of the supplies will be provided.

## **Blogging and Social Media Workshops**

**Up-Cycled Felt Tee-Shirt Artist Fee \$150**

time: 3 hours

materials cost: none, bring a laptop and a name for your blog site

description: Curious about blogging and social media? This workshop is for those ready to set a blog up and connect with all of the social media outlets. Leave the workshop with a blog in your name and the tools to start posting.

## **Painting Workshops**

**Painting Poetry Artist Fee \$150**

time: 3 hours

materials cost: none - must bring own supplies, materials list provided

description: This workshop will kick off with a selection of a poem. Participants will explore the imagery of poetry through paint and will share their works in a facilitated discussion about the artistic process. Each will paint throughout the workshop while receiving ideas for content, use of color, value and hues. Demonstrations on various painting techniques will be offered.